

ASSEMBLY AT A GLANCE

- **Date:** Thursday, October 31 (registration begins at 4:30 pm, opening session at 7pm) to Sunday, November 3 (1 pm)
- **Place:** Sheraton Denver Tech Center, Denver, CO (Airporter Shuttle leaves every 30 minutes on hour and half hour, \$8 one way; taxis available for approximately \$20)
- **Hotel Rate:** \$59 per night, single or double occupancy
- **Travel:** For airline travel discount information call Polk World Travel, 1-800-234-7655 between 7am and 5:30pm, MDT
- **Registration Fee:** Members-\$75, Non-members-\$90 (includes an individual membership in NCCS)
- **Brochure:** Being mailed out to all *Networker* recipients in August; for more copies, call Marsha Woodworth, Assembly Marketing and Media Chair, (719)630-5675
- **Queries:** Assembly Coordinator Betty Barbour, (303)223-6501

On the Inside:

<i>Survivors Day</i>	3
<i>Whats News: Breast Cancer Coalition</i>	4
<i>Bulletin Board</i>	5
<i>Advocacy Update</i>	5
<i>Networker Reader</i>	6
<i>People Watching</i>	7

Denver in November

6th ANNUAL ASSEMBLY HIGHLIGHTS ACTIVATING AND ADVOCATING



Rep. Pat Schroeder

will keynote NCCS' 6th annual meeting to be held October 31-November 3 in Denver, Colorado. Dr. Wolfe, whose well known efforts in behalf of the health consumer last year earned him a coveted MacArthur award, leads off a full program focusing on "Cancer Survivorship in Action: Activating and Advocating."

Another star Assembly speaker is Rep. Pat Schroeder (D-CO), co-chair of the Congressional Caucus for Women's Issues, who has made women's health issues one of her top priorities, along with family issues and defense burdensharing. She will appear on a Saturday Plenary Panel session on Women's Health Issues.

The Assembly program will address a wide variety of new and more familiar issues, from the health insurance dilemma ("Who Will Pay the Medical Bills in the '90s?") and current trends in cancer research ("The Cutting Edge of Cancer") to new roles played by physicians and patients in the treatment process ("Survivorship Is Not a Consolation Prize"). Speakers include Futurist Leland Kaiser, PhD,

Sidney M. Wolfe, MD, director of the Nader-spawned Public Health Research Group in Washington, DC,

and NCCS Advisory Board member Richard Bloch.

Workshops will offer techniques to help survivors avoid common mistakes while talking to their doctors and to understand the late effects of cancer care. Other topics addressed will include sexuality, self-esteem, access to clinical trials, biomedical ethics, spirituality, multicultural issues, health insurance reform, political strategies, and ethics and issues in the development of local support programs.

Starting with the kick-off reception October 31, this Assembly will give participants many opportunities to network and to get to know each other. A special feature will be

breakout sessions focusing on self-care. Topics include: motivating music and maneuvers, biofeedback, massage, relaxation techniques,



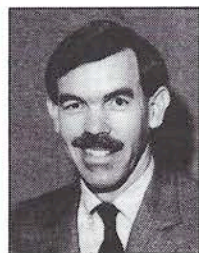
Dr. Sidney Wolfe

imaging, therapeutic touch, meditation, centering prayer and self-care for care givers.

A research poster session, exhibits, a Book Fair and fund-raising auction will round out the program. A Champagne Brunch and NCCS' first National Survivorship Awards presentation at noon on Sunday, November 3, will conclude the annual business meeting.

LETTER FROM THE PRESIDENT

Larry Moore



High tech/high touch. In his best selling *Megatrends*, John Naisbitt explains that the more high technology (high tech) around us, the more the need

for the human touch (high touch). But in today's society, where both high tech and high touch are essential as doctors and hospitals treat survivors, we and our families too often have to settle for the tech without the touch.

Entering the hospital, we can be made to feel we have surrendered control over even the simplest human functions. We're subjected to rules and schedules that many times exist not for the patient's benefit, but for the staff's. There's an old saw which is not a laughing matter: the hospital is no place for sick people—particularly if they need a rest.

Use of high tech equipment and procedures seems to grant a sort of diplomatic immunity to those who use it on us. That is, they act as if they've earned immunity from being diplomatic or kind with the patients they serve. The emotional hurt that can result lingers long after the patient leaves the hospital.

I'm amazed that health care is the only enterprise which can habitually deny its clients dignity, respect and compassion—and then charge prices that make it seem as though we've just purchased a hospital wing.

Joe Urschel, senior planning editor/television for *USA TODAY*, recently endured this type of experience when his mother was rushed to the hospital with a heart attack. High touch lost out to high tech as she underwent the standard hospital indignities: regular sleep interruptions, room reassignments, inedible food, delirious roommates, fearful schedule delays, indifferent

nursing. Angered, he devoted part of a page to an article titled, "Sweeter Bedside Manner Would Help Modern Medicine Go Down."

Louis J. Kettel, MD, Vice President for Academic Affairs at the influential Association of American Medical Colleges, recently reflected on medicine's preoccupation with high tech. "In the 1940s and 1950s medicine was too much an art and not enough a science," he said. "Now we have more science than we know what to do with."

Certainly there are caring hospitals and doctors who give high tech treatment in a high touch manner. But most hospitals can do better. They should examine themselves—from the emergency room and oncology unit to the ICU to the billing department. It would help for them to see their institution through the eyes and hearts of the patients and their families who use it. To do this, they can enlist the help of local support organizations.

Through such groups, they could get valuable advice on how to make their hospitals user friendly.

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The Networker is a quarterly publication of the National Coalition for Cancer Survivorship. NCCS is a network of independent organizations and individuals working in the area of cancer survivorship and support.

The primary goal of NCCS is to generate a nationwide awareness of survivorship, showing that there can be a vibrant, productive life after the diagnosis of cancer. NCCS facilitates communication between people involved with cancer survivorship, promotes peer support, serves as an information clearinghouse, advocates the interest of cancer survivors and encourages the study of survivorship.

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Survivors Day, 1991

CELEBRATION LAUNCHES PETITION FOR HEALTH INSURANCE REFORM

From Los Angeles to New York City, and from Chicago to Jacksonville, survivors, their families, friends and caregivers once again found many ways to celebrate life on the 4th annual National Cancer Survivors Day, June 2. For the first time, they called attention not only to their own active, productive survivorship, but to the urgent need for health insurance reform.

Except in Canada. Because their country already enjoys a universal health care system, Hope & Cope celebrants in Montreal report that "because it was not necessary to focus on health insurance," they highlighted "Lifestyles: The Many Faces of Cancer Survivors."

In the USA, 14,000 people signed an NCCS petition circulated at Survivors Day events calling for such minimum ingredients of reform as the elimination of pre-existing conditions as a requisite for coverage (see Advocacy, p.5-6).

So much momentum did the drive engender, that it has been extended

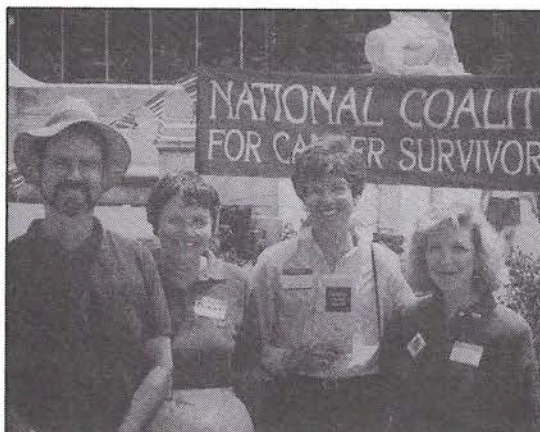
through the Denver Assembly and other major health associations have been contacted to gain even greater support. The completed petition forms will then be presented to appropriate officials in Washington, DC.

Headed by California board member Selma Schimmel and a crackerjack 6-person committee (see Kudos, p.8), the national event was co-sponsored by NCCS and COPING Magazine and officially supported for the first time by the American Society of Clinical Oncologists. Rallies held in 6 major cities—Chicago, Dallas, Los Angeles, New York, San Francisco and Wash-



ington, featured bikeathons, Dixieland jazz and the like as well as outstanding speakers and panel discussions. In some places the local American Cancer Society division was a sponsor.

Other noteworthy Survivors Day happenings: a 104-year-old, Harmon Baker, entertained 452 survivors and their guests with a magic show on the 3rd annual Mississippi riverboat cruise; Niki Tsongas, wife of Presidential candidate and survivor Paul Tsongas, spoke at St. Elizabeth's Hospital in Boston; Advisory Board member and psychologist Neil Fiore, PhD, joined a humorist and dance therapist for an afternoon of learning and laughter in Walnut Creek, CA; over 2,000 Pittsburghers celebrated at the Pirates-Padres baseball game at Three Rivers Stadium.



Clockwise from top: Survivors kick up their heels in Jacksonville; in Washington (l to r) Fitzhugh Mullan, Diane Sheahan, Danette Kauffman, Ellen Stovall; in Los Angeles' Griffith Park, NCCS chair Selma Schimmel and Patricia Ganz; petitioners sign up.

WHAT'S NEWS

Breast Cancer Coalition Off to a Flying Start

Declaring breast cancer a crisis and a "silent epidemic," more than 90 health-oriented organizations and grassroots women's groups have joined forces to battle the disease in a new Breast Cancer Coalition (BCC). NCCS is one of BCC's eight founding member organizations, which include the National Alliance of Breast Cancer Organizations (NABCO), Cancer Care, Y-Me and the Women's Community Cancer Project. Executive Director Catherine Logan represents NCCS on BCC's working board, with Natalie Davis Spingarn and Susan Scherr as alternates.

The group moved quickly to promote breast cancer research, improve access to high quality care and increase survivor involvement in the policy-making process, testifying before congressional and NIH committees, co-hosting a luncheon honoring Senate Subcommittee chairman Brock Adams (D-WA) and generating considerable media coverage, including television appearances featuring breast cancer surgeon Susan Love, MD. Future plans aimed at focusing attention on the issue include a letter-writing campaign of 175,000 women, representing the anticipated number that will be diagnosed with the disease in 1991. Contacts: Amy Langer, NABCO, 2nd Floor, 1180 Avenue of the Americas, New York, NY, 10036 or Sharon Green, Y-Me, 1-800-221-2141.

Wanted: More Cancer Research

According to a recent poll conducted by the National Center for Health Statistics and reported by *Research America*, 44% of the public believe cancer should be the government's top research priority. AIDS, with 35%, was next in the poll of 1,000 respondents, heart disease followed with 13%, and Alzheimer's with 6%.

Shall We Dance?

A diagnosis of a rare form of oral cancer interrupted Linda Simpson's successful international banking career in 1987. Trying to recapture her interest in life after extensive surgery removing a large tumor from her mouth and jawbone, she turned to a hobby—ballroom dancing. Less than a year later she and a new dance partner entered their first competition; today they are top ranked ballroom competitors.



After a recurrence in 1989, this banker changed her lifestyle and founded Ballroom Express with partner David Canty. Their "playful workshop for cancer survivors and their significant others," *Get Back in the Swing*, has enjoyed an enthusiastic reception at such places as Cancer Care and Memorial Sloan-Kettering's Post Treatment Resource Program in New York City. For information and to network with Linda Simpson about dance and music therapy, contact: Ballroom Express, 240 East 17 St, New York, NY, (212)447-5380.

Que es mas macho?

Survivors who suffer the common problem of having trouble asking for help because it's "wimpy" to do so may identify with Claire Silber, MD. Writing in the *American Psychiatric Association's*

Psychiatric News (March 1, 1991), this 3rd year resident at the University of Colorado Health Services Center reported she learned to seek support from colleagues after an angry patient brought bullets ready to load into a gun to her clinic, and threatened to "fire" her.

Dr. Silber concluded: "It is good to ask for help. Actually, it is very unwimpy, almost macho, to admit that one has reached an impasse and to request assistance." The experience reminded the psychiatrist of a Laurie Anderson song in which she poses a series of questions headed by "Que es mas macho? El pineapple, o el lightbulb?" Her personal version: "Que es mas macho? El silently terrified but projecting a veneer of confidence, o el admitting perplexity and seeking instruction?"

Taxol and Tamoxifen

- *Taxol*, the novel investigational drug derived from the bark of yew trees especially in the Pacific Northwest, has proven to be an effective treatment for certain cancers. Because the demand for the drug is high, its potential great, and concern about its environmental impact high, researchers are trying to find alternative ways of obtaining or synthesizing it. Until they do, the government has entered into a series of cooperative agreements; the latest gives its manufacturer, Bristol-Meyers Squibb, access to enough Pacific yews to increase supply.

- Can *Tamoxifen*, which has proven effective over the past 15 years in delaying or preventing recurrence in women who have had breast cancer, prevent invasive breast cancer in high-risk women in the first place? NCI funding has been approved for a 7-year trial to find out, scheduled to start by the end of the year. The trial is controversial; the National Women's Health Network is concerned about the possible adverse long-term effects of tamoxifen in healthy women.

BULLETIN BOARD

- Look Good...Feel Better, the nationwide public service program that teaches beauty techniques to cancer patients undergoing chemotherapy or radiation, now has a toll-free number, 1-800-395-LOOK.

- Another 800 number: The Gilda Radner Registry (at Roswell Park Cancer Institute, Buffalo, NY), which provides information about possible genetic links to ovarian cancer and receives names of families with a history of such cancer, 1-800-OVARIAN.

- If you want to know about health insurance and bone marrow transplants, write for the May 1991 *BMT Newsletter*, which is devoted to this issue, 1985 Spruce Ave, Highland Park, IL 60035.

- A week-long Women in Nature (WIN) course will be offered in the Boundary Waters September 21-28 and again in February and September, 1992, by North Cancer Center at North Memorial Medical Center and Voyageur Outward Bound School of Minnesota, (612)520-5865.

AT THE ASSEMBLY

...NCCS Board Elections will take place Sunday morning, November 3, at the Sheraton Tech Center, Denver, CO. Any member in good standing is eligible.

NCCS BOOK MART

- **Special price on the *Almanac***
NCCS members may purchase copies of *Charting the Journey: An Almanac of Practical Resources for Cancer Survivors* at a 20% reduced price of \$12. Mail request and check to NCCS at the Albuquerque office. Allow 4 weeks for delivery, or add \$2.90 for first class postage. Bulk orders are also available to members for cost of postage and handling; call the NCCS office for more information.

- **Teamwork, NCCS' newest publication**

Subtitled "The Cancer Patient's Guide to Talking with Your Doctor," this 34-page free publication has been available for less than 3 months and already more than 65,000 copies have been distributed. You may order single copies (\$1 for postage and handling) or place bulk orders in increments of 25 (for cost of p&h only).

The Nominating Committee will call for nominations during the opening session. You may nominate yourself or another member by presenting the nomination in writing (NCCS officers are in the middle of a 2-year term and not up for election). Those wishing to submit names prior to the Assembly may contact Committee co-chair Barbara Waligora-Serafin, Harrington Cancer Center, 1500 Wallace Blvd, Amarillo, TX 79106.

...GOING, GOING, GONE! On Saturday night, November 2, Larry Moore and an accomplice will auction to the highest bidders items representing our different geographic areas. In the past we've had Jamaican rum and Hawaiian macadamia nuts. Join the fun, and plan to bring something with you. All funds raised will go to NCCS. Contact: Sara Wolfe, (303)393-9355.

...**SUPER MEMBERSHIP CONTEST PRIZE** (a domestic airline ticket) will go the winner of a lucky lottery at the Assembly (you do not have to be present to win). Beginning August 15, your name goes into the bowl with each new membership you send into the Albuquerque office *before October 20* or turned in at the Assembly *by 6 pm, Saturday, November 2*. Be sure to write your name, address and telephone number prominently on the new member's application. Use the membership application envelope in this or past *Networkers* if you wish. Contact: Peg Carey, Membership Committee Chair (704)252-4106.



ADVOCACY UPDATE

Barbara Hoffman, JD

On the Legislative Front

1. Family and Medical Leave

The Family and Medical Leave Act passed Congress last year only to be vetoed by President Bush. Reintroduced this year, the bill urgently needs our support to pass by a sufficient margin to override the President's threatened veto. The Act (Senate Bill 5 and House Resolution 2) would require large employers to provide up to 13 weeks of unpaid medical leave for employees who become ill or need to care for an ill dependent. Health insurance must be continued during the leave period.

NCCS has testified before the Senate and written President Bush to urge passage of this legislation. But your phone calls and letters to your representatives comprise our most effective voice.

2. Tobacco Product Education and Health Protection Act

With tobacco use responsible for 33% of all cancer deaths in the United States, NCCS joined more than 78 other national health organizations in

supporting the Tobacco Product Education and Health Protection Act (Senate Bill 1088), sponsored by Senator Ted Kennedy. This bill would fight tobacco use through various measures expanding public education about tobacco.

To express your support for these bills, call or write your Representative, House of Representatives, Washington, DC 20515, and your Senators, United States Senate, Washington, DC 20510. Both can be reached through the Capitol switchboard, (202)224-3121.

3. New York Law to Prohibit Cancer Discrimination

Congratulations to NCCS member Timothy Calonita, who won a 6-year battle to expand employment opportunities for survivors in New York State. In the mid 1980s, Tim, who as a teenager survived a long struggle with Hodgkin's Disease, was denied entrance to the police academy, despite official admission that he was qualified to be a police officer. He

(continued on page 6)

NETWORKER READER

■ **SPINNING STRAW INTO GOLD: Your Emotional Recovery from Breast Cancer**, by Ronnie Kaye (Simon & Schuster, New York, \$10.00)

Amidst the plentitude of recent books written by and for women with breast cancer, this is a refreshingly personal, yet practical guide. As a professional psychotherapist, Ronnie Kaye uses her own experiences with recurring breast cancer to illustrate and incorporate understandable information and useful resources into the process of emotional recovery.

For those who are tired of war metaphors, this impelling book encourages an aggressive stance against cancer through the power of knowledge, yet with a gentleness toward oneself. Throughout the 5 major sections (facts and feelings from diagnosis to surgery; surgical recovery and nonsurgical therapies; body issues; emotions during and after treatment; relating to the world as one recovers), the author emphasizes the unproductiveness of feeling guilty about the cancer or blaming

oneself for causing it.

To make breast cancer meaningful, Ronnie Kaye holds that you must be willing to use it as a springboard for personal growth. It is "a challenge and an opportunity—not a punishment." In order to meet this challenge, survivors are encouraged to ask questions and to select doctors who will answer them.

Of special interest is the chapter on good communication, which transcends the cancer experience and offers techniques to deal generally with life issues. The chapter exploring the issue of breast reconstruction is also most timely, and the appendices are useful.

—Susan Leigh, RN

An oncology nurse working as a cancer survivorship consultant, Susan Leigh is a 19-year Hodgkin's Disease survivor and a recent survivor of breast cancer. She is a founding member and former secretary of the NCCS Board.

■ **WORDS THAT HEAL: Affirmations & Meditations for Daily Living**, by Douglas Bloch (Bantam Books, New York, \$7.95)

This book seems to be addressed not so much to the person with a serious illness as to someone with a terminal case of low self esteem. People who harbor poor opinions of themselves might find something appealing in Bloch's affirmations, but I think he is offering a philosophy of self deception that can be destructive both to the individual practitioner and to the community.

Each affirmation contains a half truth while ignoring the equally important other half. For example, "The world is a safe and nurturing place." Tell that to the man in Bangladesh who watched his wife and children swept away in the flood that destroyed all he possessed. The world is a dangerous and destructive place as well as a safe and nurturing one. People who cannot hold contradictory truths in some kind of balance or tension set themselves up for increased misery.

I am surprised to find a book preaching self-absorption still on the market. I thought that the narcissistic
(continued on page 7)

Advocacy Update

(continued from page 5)

responded by obtaining a law degree, becoming a prosecutor and lobbying tirelessly to protect other survivors from such discrimination.

The law, which took effect in June, amends New York civil service laws to prohibit disqualification from public employment based upon history of cancer. Explicitly recognizing that survivors face discrimination, it prohibits public employers from presuming that an applicant is unfit solely because of his or her cancer history and requires each applicant to be considered only on his or her ability to perform the duties of the job.

Board OKs Public Policies

At its mid-year Board meeting in April, the Board of Directors voted to

approve two position papers. One calls for increased public and private funding of research on cancer survivorship issues. The other supports health insurance reform and includes the following recommendations:

- Health insurance should be available to all persons at a reasonable price regardless of their health status.
- Pre-existing conditions should be declared an unfair insurance practice, or at least regulated to assure that they are not unfairly used to deprive consumers of fair insurance coverage.
- Insurance companies should be mandated to cover any FDA-approved anti-cancer drug for any medically approved indication.
- Insurance coverage should be available for new therapies still

under investigation where their inclusion in an NIH, FDA or other government-reviewed protocol suggests that they may offer a reasonable expectation for success.

- Coverage should be extended to mental health and rehabilitative services rendered by health care professionals as part of a comprehensive treatment plan addressing both the physical and mental consequences of cancer.
- Federal and state authorities should encourage or require private insurance coverage of effective preventive health measures such as screenings and vaccines.
- Self-insured insurance plans should be subject to the same state and federal regulations as other insurance plans.



PEOPLE WATCHING



Betty Barbour

The Denver Assembly coordinator and chair of its program committee was developing cancer programs and

working as a counselor at the AMC Cancer Research Center in 1984, when she herself was diagnosed with breast cancer. She feels she was lucky to have been at AMC, where she only had to walk down the hall for chemo and the rest of the treatment she needed—and had a built-in support system. No question, she says, that her experience has made her a better cancer counselor:

"There is a rapport and bonding and trust that never existed before."

The mother of four grown children, Betty Barbour was working to combine her teaching experience with a social work degree, when she did an internship in the Colorado University Hospital's oncology unit. Hooked by the cancer field, she

began at AMC in 1981 and now serves as its Director of National and Community Cancer Control Programs, where she heads a national toll-free telephone number, as well as colon-rectal screening, breast and skin cancer programs.

A founding member and president of the Colorado Coalition for Cancer Survivorship, she earned her MSW from the University of Denver. Though she enjoys walking along the beach in Cape Cod, she stays close to the Rocky Mountains and her support system. A native Texan, she had a great-grandfather who was a Texas Ranger and a Cherokee Indian great-grandmother.



LaMarr Bomareto

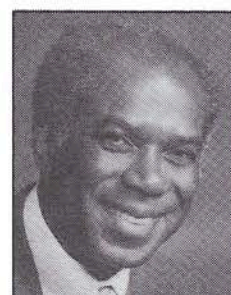
The 1991 Assembly's steering committee chair and advisor to the Assembly planning committee began

her patient-to-patient support career in Denver 17 years ago, helping Dr. Paul K. Hamilton, Jr, and Lynn Ringer in the very early days of the CanSurmount program. Four years later she moved to St. Joseph Hospital, where she developed one of the most comprehensive hospital-based programs in the country. Thousands of cancer patients participated in her various programs.

A 21-year survivor of three types of cancer (Hodgkin's Disease, melanoma and chronic lymphocytic leukemia), LaMarr Bomareto has served on the Board of Governors at the QuaLife Wellness Community and the American Cancer Society's CanSurmount Executive Committee. Presently, she is the Executive Director of L.B. Associates, Cancer Counseling and Education, a new organization founded after she retired last year, and has just completed a book, *Focus...For Life*. She is

also a founder of the Colorado Coalition for Cancer Survivorship.

As matriarch of a large family, she spends all her "free" time with her grandchildren and great-grands. "Twenty-one years ago I cried that I might not see my grandchildren grow," she says. "Now I play with their babies."



M. Alfred Haynes

Born in British Guyana and raised in the West Indies, this distinguished member of the NCCS Advi-

sory Board has devoted his career to making health care available to the underserved. Recently retired as Director of the Drew-Meharry-Morehouse Consortium Cancer Center, Alfred Haynes, MD, MPH, graduated from the State University of New York and—after serving as a US Public Health Service officer on the Cheyenne River Indian Reservation—from the Harvard School of Public Health.

Subsequent positions included Assistant Director of Community Medicine and Director of the Family Care Unit, University of Vermont; Visiting Professor of Social and Preventive Medicine, Medical College of Trivandrum, India; Associate Professor of International Health, Johns Hopkins School of Hygiene and Public Health; Director of the National Medical Association Foundation; Professor of Community Medicine and Associate Dean at the Charles R. Drew Postgraduate Medical Service. Since retiring from Drew-Meharry-Morehouse, which he directed from its inception in 1986 until November, 1990, this grandfather of three has returned to a field medicine left him little time for—music. He is studying the organ in a San Pedro, CA, Presbyterian church.

Networker Reader

(continued from page 6)

preoccupation with self that was the guiding principle of the '80s had been thoroughly discredited. The popular idea of "looking out for number one" undermined families as well as corporations and communities. The S & L scandals and now the bank failures are to a large measure the result of misguided love of self at the expense of responsibility for others.

—James R. Adams

Rev. Adams, who addressed NCCS' 1990 Assembly, is Rector, St. Mark's Episcopal Church on Capitol Hill, Washington, DC, and author of So You Think You're Not Religious? A Thinking Person's Guide to the Church.

LETTERS TO THE EDITOR

Shireen's Baby

My dear friends, I have such great news for you. I had a baby girl (which I secretly wanted) on the 23rd of May.

I am thinking of a way to get a bottle of rum to the auction at Denver in November to continue my fund raising efforts. Maybe this time I should send a bottle of champagne to celebrate Gabriella's birth.

SHIREEN MCKEN
New Town, Trinidad

Looking Forward to the '91 Assembly

The '90 Assembly demonstrated that there were no geographical limits to caring and sharing. It was an upbeat, positive and promising experience. I know the other survivors I plan to bring with me to Denver won't be disappointed.

JUDY MICHELIN
Montreal, Canada

I am still amazed recalling the enthusiasm and activity of the '90 assembly. Fourteen-hour days did not seem to be enough to exchange all the information we wanted to share! I look forward to '91.

LORETTA ANAGNOST
Brooklyn, NY

Silver Anniversary

When I was diagnosed with

Hodgkin's Disease, I found myself alone with no survivor support. So I welcome an organization like NCCS, which I joined on the silver anniversary of my survival.

NED R. FOGELSONGER
Shippensburg, PA

Quick Connection

Within a week of your listing my name in "Wanted: Contact with Others," I heard from another Endometrial Papillary Serous Survivor. The call came when I really needed someone who understood. I was really uplifted!

MICHELLE ESPOSITO
Morristown, NJ

Wanted: Contact with Someone with the Same Diagnosis

- Cindy Brown (metastatic lung cancer), 1716 Rolling Hills Dr, Beaverton, OR 97006.

- Diane Sheahan (granulosa cell ovarian cancer with recurrent metastases to the bone), 4848 Albemarle St, NW, Washington, DC 20016.

- Betty J. Sturhahn (long-term damage from radiation for cervical cancer—numbness, stiffness and leg and foot pain), PO Box 552, Muncie, IN 47308.

- Marni Keegan (advanced breast cancer diagnosed while pregnant), 325 Morningside Dr, NE, Albuquerque, NM 87108.

Admiral Fitz and Other Kudos

- To our board chair, Fitzhugh Mullan, MD, who in July was promoted to the rank of Rear Admiral, a promotion which carries the rank of Assistant Surgeon General in the U.S. Public Health Service;



- To board member Selma Schimmel and Vital Options in Los Angeles for outstanding leadership of the 1991 National Cancer Survivors Day Committee...and to her committee members: Debbie Frank, CA, Liza Fues, IL, Kelly Ingram, TX, Diane Sheahan, DC, Lauren Sterling, NY;

- To Barbara Waligora-Serafin and the Harrington Cancer Center staff and volunteers for work on an NCCS introductory mailing to 8,400 survivors;

- To Diann Austin and the prominent Washington, DC, law firm of Fox, Bennett & Turner for *pro-bono* assistance on public policy issues;

- To board member Fred Jungmann, who received the first annual Frederick Jungmann Award for Community Service from the Center for Coastal Studies in early June at Truro, Massachusetts.

National Coalition for Cancer Survivorship

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